

Maryland Restaurant & Hospitality Self Insurance Fund's Workers' Compensation Cost Saving Tips

This Month's Focus

Training and Communication: 19 Ways to Save!

1. Train supervisors to administer first aid treatment.
2. Conduct training and education programs on an ongoing basis.
3. Train workers on back injury prevention and proper lifting techniques.
4. Teach and encourage healthy habits. Healthy employees tend to be more productive and less prone to injury.
5. Train supervisors how to respond to an accident.
6. Teach defensive driving techniques. These will be valuable both on and off the job.
7. Use creative communications to promote your safety and accident response procedures. Market your message the same way you market your products and services.
8. Send a get well card to injured employees. The sentiment and thoughtfulness will be appreciated.
9. Monitor and post accident free days in a highly visible place.
10. Stay in contact with injured employees and family members.
11. Utilize safety training videos to communicate and demonstrate proper techniques.
12. Talk with industry friends and colleagues about new ideas and suggestions.
13. Emphasize safety and accident response procedures during employee orientation.
14. Market and promote cost management programs throughout the organization.
15. Publicize workers' compensation successes throughout the organization.
16. Communicate with managers, supervisors, and employees.
17. Communicate the impact of workers' compensation costs upon the organization. Higher claims costs mean less money for profit-sharing, bonuses, equipment and new hires.
18. Explain to employees that workers' compensation benefits are determined by law.
19. Manage public relations internally and externally when accidents occur.

Source: Midwest Employers Casualty Company