

FOR IMMEDIATE RELEASE

CONTACT:  
LaDeana Litchfield  
410.290.6800  
[ladeana@ramef.org](mailto:ladeana@ramef.org)

## **Ellicott City Restaurant to host Wine Dinner to benefit Howard County ARL Culinary Team**

The Rumor Mill Fusion Bar and Restaurant in Ellicott City, Maryland is hosting an exclusive wine dinner to benefit the Howard County Applications and Research Laboratory (ARL) culinary team as they travel to San Diego, California to compete in the National ProStart Invitational in late April.

The Howard County ARL took first place in the state wide Maryland ProStart Student Invitational and earned the right to represent Maryland in the National Competition where they will compete against 38 other state high school champions. The culinary team of Kara Lovalvo, Alex Morris, Tyler Weedon, Eric Olean and alternate Richard Blackmon had one hour to create their menu from scratch with only two butane burners as a heat source. The Howard County ARL beat out 21 other teams as they were judged by Certified Master Chefs, Culinary School instructors and Industry Professionals on food safety and sanitation, proper cooking methods, food taste, teamwork, food appearance and menu difficulty.

### **The winning menu consisted of...**

- Appetizer:** Shellfish Gateau – Lobster, Shrimp, Crab and Scallops with Aromatics Micro Greens tossed in a Champagne Vinaigrette; served over a Grain Mustard Sauce Poisson
- Entrée:** “Flight of the Chicken” – Whole Wing stuffed with Dried Apricot Mousseline and fresh Herb Prosciutto wrapped Breast Roulade with fresh Mozzarella, Sundried Tomato and fresh Basil. Served with a Saffron Risotto, Asparagus, Parsnip Brunoise and a Porcini Chardonnay reduction and Truffle Vinaigrette.
- Dessert:** Banana Chocolate Bavarian – White and Dark Chocolate with brushed Gold, Cardamom and Raspberry Coulis.

The Rumor Mill Fusion Bar and Restaurant and the Restaurant Association of Maryland Education Foundation will be offering this winning menu paired with complementary wines to help raise the money necessary to pay for the team’s travel expenses to San Diego. This exclusive wine dinner will be offered on Wednesday, April 15, 2009 at 6:00pm and again at 8:15pm for only \$75 per person. Each seating will only accommodate 60 people so you are encouraged to make your plans early.

The students will be on hand to ensure that the menu is served to their “first place” specifications and will be available to speak to the guests about their menu and the upcoming National ProStart Invitational.

(continued)

The Rumor Mill Fusion Bar and Restaurant in Ellicott City, Maryland is hosting an exclusive wine dinner to benefit the Howard County Applications and Research Laboratory (ARL) culinary team as they travel to San Diego, California to compete in the National ProStart Invitational in late April.

To make reservations go to the Rumor Mill website, [www.therumormillrestaurant.com](http://www.therumormillrestaurant.com) or call the Restaurant Association of Maryland Education Foundation at 410.290.6800. For further information or questions contact the Restaurant Association of Maryland Education Foundation at 410.290.6800.

###

The Restaurant Association of Maryland Education Foundation (RAMEF) is a nonprofit organization that works with the Restaurant Association of Maryland to educate the hospitality workforce of Maryland. RAMEF offers certifications in food safety and responsible alcohol service along with server and hospitality management training. RAMEF also supports the 80 schools in Maryland using the ProStart program, a culinary and hospitality management curriculum for high school students that is endorsed by the Maryland State Department of Education. Scholarships to students and industry professionals are also managed through the Foundation. More information on RAMEF can be found at [www.ramef.org](http://www.ramef.org).